

# POMS College of Healthcare Operations Management

presents

## A Wilderness Medicine Experience

with

[Tahoe Wilderness Medicine, LLC](#)

**May 7, 2026**

[Rancho San Rafael Park, Reno Nevada](#)

[1595 N Sierra St, Reno, NV 89503-1716](#)

Please join Physicians, Paramedics and Wilderness Medicine Practitioners from Tahoe Wilderness Medicine, LLC and the University of Nevada, Reno for an informative and educational experience in Wilderness Medicine.

We will define wilderness medicine, describe the various disciplines of wilderness medicine and discuss the challenges of practicing in austere environments.

The day will start at the conference location and will include transportation to a local park. Details about the shuttle will be provided to all registered participants at a later date.

### **Tentative Course Schedule for May 7, 2026**

TBD	Shuttle Departs from Hotel
12:15 - 1:00	Meet for Introductions and Introduction to Wilderness Medicine
1:00 - 1:45	Wilderness patient care demonstration and skills practice
1:45 to 3:30	Wilderness medicine hands-on exercise
3:30 - 4:30	Dr. Tony Islas, Professor, Family Medicine at UNR
4:30	Final debrief and course wrap-up
4:45	Depart for Grand Sierra Resort
5:00	Arrive at Grand Sierra Resort

### **Course participation recommendations:**

Please **be prepared to spend the day outside**. We will do our best to accommodate all levels of participation, but please expect to be walking in a park, on uneven ground and be ready to stand for portions of this course. Please **bring sunscreen, a hat and whatever clothing items you will need to be comfortable**. Reno weather in May can be very warm or very cold. We will provide bottled water and a few small snacks. There will be seating available at picnic tables for portions of this course.

## **Course Faculty:**

**Eric Stendell, MD** is a Board-Certified emergency physician at a busy Level II trauma center and a Clinical Assistant Professor at University of Nevada School of Medicine (UNSOM). Dr. Stendell has completed the UIAA-ICAR Diploma in Mountain Medicine (DIMM), advanced wilderness life support (AWLS) course, and the AIARE level 1 and level 2 courses. He has provided wilderness medical education and cared for patients from Antarctica to the Arctic circle. He has recently returned from a two-month expedition to Mt Everest where he provided medical support for a historic ascent and descent of Mt Everest.

**Arthur (Tony) Islas, MD** is one of those guys that has an entire bowl of alphabet soup behind his name. To summarize - Tony is a physician and an educator. He is a Professor in the Department of Family Medicine at the University of Nevada - Reno (UNR). He is dual boarded in Family Medicine and Sports Medicine and also holds a Certificate in Travel Health. He is currently the head team physician for the University of Nevada's athletics program and is the Director of the Sports Medicine Fellowship program there at UNR. Tony's career passion however is in Wilderness Medicine. He was the Medical Director for Guadalupe Mountains National Park and is currently the Medical Director for Great Basin National Park. He is the current/founding Director for the Wilderness Medicine Fellowship program at the University of Nevada-Reno. And lastly, he is an ex-president of the Wilderness Medical Society.

**Emily Sagalyn, MD** is a Board-Certified Emergency Medicine Physician with Northern Nevada Emergency Physicians in Reno, Nevada and Clinical Associate Professor at University of Nevada, Reno (UNR). She holds the internationally recognized Diploma in Mountain Medicine (DiMM) training in glacier, high altitude, avalanche, and helicopter rescue. She is also faculty of the DiMM program through the Wilderness Medical Society (WMS). Emily received her B.A. from Columbia University in New York, NY. She received her medical degree from the University of Massachusetts in Worcester, MA. She completed her Emergency Medicine residency at the University of Pennsylvania in Philadelphia, PA, and a fellowship in Wilderness Medicine and EMS at the University of Utah. While in Utah, she also completed her MPH. She serves on the board of the Wilderness Medical Society and earned their Fellowship of the Academy of Wilderness Medicine (FAWM). Emily has been the consulting physician for SWS Mountain Guides since 2010. She has provided wilderness medical care at the Kunde Hospital in Nepal, the medical clinics in Big Sky, Montana and Jackson Hole, Wyoming, and various locations throughout Utah.

### **College of Healthcare Operations (of POMS) – Board & Conference Organizers**

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